

Spasticity Clinic

Neurology and Sleep Sciences is offering a Spasticity Clinic for patients suffering from an upper motor neuron injury.

Spasticity is an abnormal increase in muscle tightness, tone or stiffness, which interferes with movement, speech, or is associated with discomfort or pain.

Spasticity is usually caused by damage to nerve pathways within the brain or spinal cord that control muscle movement.

Spasticity typically develops in the following patients:

- Stroke
- Traumatic brain injury
- Multiple sclerosis
- Spinal cord injury
- Adult cerebral palsy

What we offer:

- Medication management
- Physical modalities - to relieve symptoms
- Interventional procedures



Zachary Siegel, M.D.

Columbus Medicine & Rehabilitation
Columbus Regional Hospital
2400 E. 17th Street, Columbus

Neurology & Sleep Sciences
1655 N. Gladstone
Columbus, Indiana 47201

For more information about these services, call **812-376-3100**.



NEUROLOGY & SLEEP SCIENCES
COLUMBUS REGIONAL HEALTH